

Resultat – Roslagsveteranerna Täby

2018-04-05

Mellan	(36 / 36)	Tid	Efter		
1. Peter Brunnberg	Vallentuna-Össeby OL	36:30			
3:31 (3:31)	5:11 (8:42)	3:46 (12:28)	3:52 (16:20)	2:31 (18:51)	3:58 (22:49)
4:06 (26:55)	2:55 (29:50)	2:51 (32:41)	3:03 (35:44)	0:46 (36:30)	
2. Karl-Gunnar Karneböck	Attunda OK	43:27	+6:57		
4:20 (4:20)	7:13 (11:33)	4:09 (15:42)	4:31 (20:13)	2:58 (23:11)	4:35 (27:46)
4:03 (31:49)	3:06 (34:55)	3:12 (38:07)	4:27 (42:34)	0:53 (43:27)	
3. Göran Larbo	Attunda OK	43:36	+7:06		
3:47 (3:47)	7:05 (10:52)	5:46 (16:38)	3:59 (20:37)	3:28 (24:05)	4:34 (28:39)
4:24 (33:03)	3:22 (36:25)	3:05 (39:30)	3:14 (42:44)	0:52 (43:36)	
4. Magnus Haraldsson	Gustavsbergs OK	43:46	+7:16		
3:44 (3:44)	6:20 (10:04)	4:18 (14:22)	4:42 (19:04)	3:17 (22:21)	5:06 (27:27)
4:56 (32:23)	3:44 (36:07)	3:27 (39:34)	3:19 (42:53)	0:53 (43:46)	
5. Bengt Eriksson	Väsby OK	44:01	+7:31		
4:13 (4:13)	5:43 (9:56)	5:25 (15:21)	4:23 (19:44)	3:22 (23:06)	5:15 (28:21)
4:25 (32:46)	3:21 (36:07)	3:11 (39:18)	3:43 (43:01)	1:00 (44:01)	
6. Leif Nordlund	Länna IF	44:11	+7:41		
4:29 (4:29)	5:42 (10:11)	4:29 (14:40)	5:33 (20:13)	2:58 (23:11)	4:27 (27:38)
4:09 (31:47)	3:33 (35:20)	3:08 (38:28)	4:53 (43:21)	0:50 (44:11)	
7. Leif Kling	Ockelbo OK	46:25	+9:55		
4:09 (4:09)	7:43 (11:52)	5:10 (17:02)	4:18 (21:20)	3:00 (24:20)	4:45 (29:05)
5:23 (34:28)	3:11 (37:39)	3:47 (41:26)	3:38 (45:04)	1:21 (46:25)	
8. Hans-Erik Persson	Sundbybergs IK	46:32	+10:02		
4:57 (4:57)	7:04 (12:01)	5:03 (17:04)	4:02 (21:06)	4:12 (25:18)	5:08 (30:26)
4:35 (35:01)	3:22 (38:23)	3:24 (41:47)	3:45 (45:32)	1:00 (46:32)	
9. Eddie Bjärrenholt	Ränäs OK	47:44	+11:14		
4:25 (4:25)	4:52 (9:17)	4:38 (13:55)	12:50 (26:45)	2:01 (28:46)	4:04 (32:50)
3:45 (36:35)	3:04 (39:39)	3:02 (42:41)	4:16 (46:57)	0:47 (47:44)	
10. Svante Frid	Enebybergs IF	48:32	+12:02		
6:45 (6:45)	5:58 (12:43)	4:26 (17:09)	4:02 (21:11)	3:27 (24:38)	4:26 (29:04)
7:25 (36:29)	3:25 (39:54)	3:16 (43:10)	4:11 (47:21)	1:11 (48:32)	
11. Göran Andersson	Enebybergs IF	49:31	+13:01		
6:13 (6:13)	6:20 (12:33)	8:38 (21:11)	3:56 (25:07)	2:31 (27:38)	4:18 (31:56)
7:13 (39:09)	3:29 (42:38)	3:01 (45:39)	3:06 (48:45)	0:46 (49:31)	
12. Carina Nilsson	Täby OK	50:27	+13:57		
4:35 (4:35)	7:42 (12:17)	6:10 (18:27)	4:41 (23:08)	4:10 (27:18)	5:18 (32:36)
5:12 (37:48)	3:56 (41:44)	3:46 (45:30)	3:46 (49:16)	1:11 (50:27)	
13. Thord Rådberg	OK Roslagen	50:31	+14:01		
5:18 (5:18)	6:56 (12:14)	4:56 (17:10)	6:31 (23:41)	3:25 (27:06)	5:56 (33:02)
5:04 (38:06)	3:44 (41:50)	4:06 (45:56)	3:44 (49:40)	0:51 (50:31)	
14. Håkan Boije	Attunda OK	50:59	+14:29		
4:25 (4:25)	8:34 (12:59)	4:26 (17:25)	5:35 (23:00)	3:03 (26:03)	5:23 (31:26)
7:22 (38:48)	3:37 (42:25)	3:48 (46:13)	3:48 (50:01)	0:58 (50:59)	
15. Ulf Åström	OK Roslagen	51:51	+15:21		
6:31 (6:31)	7:01 (13:32)	4:54 (18:26)	6:34 (25:00)	3:18 (28:18)	6:02 (34:20)
5:02 (39:22)	3:43 (43:05)	3:50 (46:55)	4:01 (50:56)	0:55 (51:51)	
16. Björn Lindgren	OK Österåker	52:36	+16:06		
5:15 (5:15)	6:33 (11:48)	4:46 (16:34)	4:32 (21:06)	8:26 (29:32)	5:01 (34:33)
4:49 (39:22)	3:51 (43:13)	3:26 (46:39)	4:33 (51:12)	1:24 (52:36)	
17. Eva von Heijne	Sigtuna OK	52:51	+16:21		
4:08 (4:08)	7:46 (11:54)	5:31 (17:25)	4:27 (21:52)	3:37 (25:29)	6:55 (32:24)
6:25 (38:49)	4:36 (43:25)	3:33 (46:58)	4:44 (51:42)	1:09 (52:51)	
18. Lars Westin	Vallentuna-Össeby OL	53:31	+17:01		
9:34 (9:34)	7:47 (17:21)	4:03 (21:24)	6:24 (27:48)	3:16 (31:04)	4:50 (35:54)
4:53 (40:47)	4:20 (45:07)	3:27 (48:34)	3:51 (52:25)	1:06 (53:31)	
19. Tommy Höglund	Långhundra IF	54:05	+17:35		
5:26 (5:26)	7:02 (12:28)	5:19 (17:47)	4:40 (22:27)	3:30 (25:57)	5:40 (31:37)
10:11 (41:48)	3:57 (45:45)	3:40 (49:25)	3:43 (53:08)	0:57 (54:05)	
20. Eva Elnerud	Sigtuna OK	54:27	+17:57		
4:38 (4:38)	7:41 (12:19)	5:57 (18:16)	9:11 (27:27)	3:29 (30:56)	5:42 (36:38)
6:33 (43:11)	3:24 (46:35)	2:55 (49:30)	4:03 (53:33)	0:54 (54:27)	
21. Kurt Andersson	Enebybergs IF	55:46	+19:16		
12:04 (12:04)	6:50 (18:54)	5:03 (23:57)	4:31 (28:28)	3:46 (32:14)	5:48 (38:02)
5:18 (43:20)	3:44 (47:04)	4:00 (51:04)	3:39 (54:43)	1:03 (55:46)	
22. Leif Lundquist	Enebybergs IF	56:11	+19:41		
4:23 (4:23)	6:51 (11:14)	5:52 (17:06)	6:34 (23:40)	4:51 (28:31)	7:19 (35:50)
6:24 (42:14)	4:08 (46:22)	4:12 (50:34)	4:15 (54:49)	1:22 (56:11)	
23. Göran Frisk	Attunda OK	57:02	+20:32		
4:57 (4:57)	14:17 (19:14)	8:06 (27:20)	4:07 (31:27)	2:45 (34:12)	6:14 (40:26)
4:30 (44:56)	3:41 (48:37)	2:58 (51:35)	4:40 (56:15)	0:47 (57:02)	
24. Per-Erik Wählberg	OK Linné	57:24	+20:54		
3:46 (3:46)	6:46 (10:32)	11:37 (22:09)	7:25 (29:34)	2:58 (32:32)	4:31 (37:03)
4:01 (41:04)	3:25 (44:29)	4:28 (48:57)	7:20 (56:17)	1:07 (57:24)	
25. Birgitta Klang	Långhundra IF	59:27	+22:57		
5:30 (5:30)	7:55 (13:25)	5:15 (18:40)	5:44 (24:24)	3:41 (28:05)	7:16 (35:21)
6:17 (41:38)	3:39 (45:17)	3:52 (49:09)	8:48 (57:57)	1:30 (59:27)	
26. Henrik Nyström	Attunda OK	1:01:52	+25:22		
6:46 (6:46)	17:32 (24:18)	4:11 (28:29)	4:39 (33:08)	3:17 (36:25)	5:58 (42:23)
4:18 (46:41)	3:49 (50:30)	3:25 (53:55)	6:53 (1:00:48)	1:04 (1:01:52)	
27. Stellan Fehrström	Enebybergs IF	1:02:28	+25:58		
7:21 (7:21)	8:26 (15:47)	5:30 (21:17)	6:58 (28:15)	3:27 (31:42)	6:24 (38:06)
8:56 (47:02)	5:28 (52:30)	3:54 (56:24)	4:56 (1:01:20)	1:08 (1:02:28)	
28. Leif Nordin	Turebergs IF	1:07:29	+30:59		
7:38 (7:38)	10:50 (18:28)	4:28 (22:56)	5:54 (28:50)	3:47 (32:37)	6:00 (38:37)
11:17 (49:54)	5:00 (54:54)	6:19 (1:01:13)	4:59 (1:06:12)	1:17 (1:07:29)	

29.	Hans Holmberg	Vallentuna-Össeby OL	1:07:53	+31:23		
	6:02 (6:02)	8:54 (14:56)	7:22 (22:18)	7:16 (29:34)	5:20 (34:54)	7:51 (42:45)
	7:48 (50:33)	5:34 (56:07)	5:16 (1:01:23)	5:04 (1:06:27)	1:26 (1:07:53)	
30.	Marianne Hamilton	Enebybergs IF	1:09:14	+32:44		
	5:06 (5:06)	8:28 (13:34)	9:27 (23:01)	5:07 (28:08)	3:47 (31:55)	6:02 (37:57)
	6:31 (44:28)	4:44 (49:12)	4:47 (53:59)	13:27 (1:07:26)	1:48 (1:09:14)	
30.	Willy Ljungdell	Täby OK	1:09:14	+32:44		
	4:59 (4:59)	7:16 (12:15)	6:54 (19:09)	7:59 (27:08)	3:51 (30:59)	5:18 (36:17)
	15:15 (51:32)	3:33 (55:05)	4:15 (59:20)	8:48 (1:08:08)	1:06 (1:09:14)	
32.	Curt Lindgren	OK Roslagen	1:11:21	+34:51		
	6:08 (6:08)	11:11 (17:19)	6:02 (23:21)	6:46 (30:07)	4:43 (34:50)	6:56 (41:46)
	7:11 (48:57)	6:23 (55:20)	4:59 (1:00:19)	9:14 (1:09:33)	1:48 (1:11:21)	
33.	Ann-Marie Rees-Andersson	Enebybergs IF	1:15:14	+38:44		
	6:24 (6:24)	13:45 (20:09)	14:37 (34:46)	5:51 (40:37)	4:03 (44:40)	5:55 (50:35)
	5:43 (56:18)	6:47 (1:03:05)	4:04 (1:07:09)	4:31 (1:11:40)	3:34 (1:15:14)	
	Martyn Passmore	Sigtuna OK	Felst.			
	4:56 (4:56)	6:20 (11:16)	5:31 (16:47)	4:47 (21:34)	3:21 (24:55)	5:37 (30:32)
	5:28 (36:00)	4:01 (40:01)	- (-)	- (48:33)	0:57 (49:30)	
	Rolf Andersson	Rimbo SOK	Felst.			
	5:24 (5:24)	7:47 (13:11)	5:57 (19:08)	4:54 (24:02)	- (-)	- (34:15)
	6:27 (40:42)	4:59 (45:41)	4:12 (49:53)	3:53 (53:46)	1:06 (54:52)	
	Rune Carlsson	Sundbybergs IK	Felst.			
	4:09 (4:09)	7:31 (11:40)	5:50 (17:30)	3:58 (21:28)	3:42 (25:10)	4:21 (29:31)
	4:32 (34:03)	3:12 (37:15)	3:03 (40:18)	- (-)	- (44:28)	

Kort		(37 / 37)	Tid	Efter		
1.	Kalle Pettersson	Rånäs OK	26:57			
	3:35 (3:35)	3:02 (6:37)	2:19 (8:56)	1:38 (10:34)	3:18 (13:52)	2:54 (16:46)
	2:47 (19:33)	1:05 (20:38)	3:11 (23:49)	3:08 (26:57)		
2.	Christer Andersson	ATG	40:03	+13:06		
	5:19 (5:19)	4:50 (10:09)	4:33 (14:42)	2:31 (17:13)	4:30 (21:43)	3:44 (25:27)
	3:38 (29:05)	3:18 (32:23)	3:22 (35:45)	4:18 (40:03)		
3.	Jan-Olof Wählberg	IBM Club Sweden	40:07	+13:10		
	5:13 (5:13)	3:21 (8:34)	3:32 (12:06)	3:16 (15:22)	5:06 (20:28)	4:26 (24:54)
	4:16 (29:10)	1:41 (30:51)	3:35 (34:26)	5:41 (40:07)		
4.	Lennart Jansson	Häverödals SK	40:35	+13:38		
	5:43 (5:43)	3:28 (9:11)	3:41 (12:52)	3:12 (16:04)	5:19 (21:23)	4:04 (25:27)
	3:43 (29:10)	1:59 (31:09)	4:10 (35:19)	5:16 (40:35)		
5.	Kurt Boström	OK Linné	40:38	+13:41		
	5:52 (5:52)	3:26 (9:18)	3:34 (12:52)	2:42 (15:34)	4:37 (20:11)	4:28 (24:39)
	3:37 (28:16)	2:23 (30:39)	4:49 (35:28)	5:10 (40:38)		
6.	Sören Eriksson	Länna IF	43:32	+16:35		
	5:27 (5:27)	3:41 (9:08)	4:10 (13:18)	3:04 (16:22)	5:18 (21:40)	4:09 (25:49)
	5:05 (30:54)	1:45 (32:39)	5:14 (37:53)	5:39 (43:32)		
7.	Roine Mattsson	Häverödals SK	48:51	+21:54		
	7:08 (7:08)	4:47 (11:55)	4:55 (16:50)	2:45 (19:35)	5:37 (25:12)	4:19 (29:31)
	6:00 (35:31)	2:10 (37:41)	5:39 (43:20)	5:31 (48:51)		
8.	Ewa Nordlund	Länna IF	48:53	+21:56		
	9:13 (9:13)	4:04 (13:17)	5:18 (18:35)	3:33 (22:08)	5:27 (27:35)	4:36 (32:11)
	4:05 (36:16)	2:38 (38:54)	4:09 (43:03)	5:50 (48:53)		
9.	Kerstin Rosengren	Attunda OK	48:54	+21:57		
	5:46 (5:46)	5:11 (10:57)	3:49 (14:46)	6:10 (20:56)	5:10 (26:06)	4:44 (30:50)
	4:07 (34:57)	2:31 (37:28)	5:00 (42:28)	6:26 (48:54)		
10.	Staffan Gantelius	Vallentuna-Össeby OL	49:03	+22:06		
	6:36 (6:36)	4:40 (11:16)	5:33 (16:49)	3:25 (20:14)	5:00 (25:14)	6:29 (31:43)
	5:23 (37:06)	2:57 (40:03)	4:24 (44:27)	4:36 (49:03)		
11.	Kristina Nygren Frisk	Attunda OK	49:11	+22:14		
	7:08 (7:08)	8:19 (15:27)	5:00 (20:27)	3:39 (24:06)	4:41 (28:47)	5:31 (34:18)
	3:47 (38:05)	1:47 (39:52)	4:16 (44:08)	5:03 (49:11)		
12.	Olov Jansson	Häverödals SK	49:25	+22:28		
	6:15 (6:15)	4:13 (10:28)	3:50 (14:18)	3:02 (17:20)	5:30 (22:50)	5:30 (28:20)
	6:43 (35:03)	2:30 (37:33)	5:09 (42:42)	6:43 (49:25)		
13.	Mats Törngren	OK Linné	49:30	+22:33		
	6:27 (6:27)	3:46 (10:13)	3:52 (14:05)	3:21 (17:26)	6:39 (24:05)	4:28 (28:33)
	6:50 (35:23)	1:46 (37:09)	4:43 (41:52)	7:38 (49:30)		
14.	Bo Westling	Häverödals SK	51:12	+24:15		
	5:34 (5:34)	4:47 (10:21)	4:18 (14:39)	3:04 (17:43)	5:12 (22:55)	7:48 (30:43)
	5:26 (36:09)	2:09 (38:18)	4:55 (43:13)	7:59 (51:12)		
15.	Bernt Johansson	Häverödals SK	53:44	+26:47		
	6:18 (6:18)	3:54 (10:12)	7:08 (17:20)	2:56 (20:16)	8:25 (28:41)	4:04 (32:45)
	11:04 (43:49)	1:36 (45:25)	3:46 (49:11)	4:33 (53:44)		
16.	Lars Roos	Attunda OK	54:45	+27:48		
	7:36 (7:36)	8:01 (15:37)	4:43 (20:20)	3:55 (24:15)	5:22 (29:37)	4:47 (34:24)
	4:58 (39:22)	2:17 (41:39)	5:20 (46:59)	7:46 (54:45)		
17.	Kjell Jansson	Väsby OK	55:14	+28:17		
	7:31 (7:31)	4:42 (12:13)	4:21 (16:34)	3:09 (19:43)	5:52 (25:35)	5:00 (30:35)
	4:45 (35:20)	2:53 (38:13)	5:09 (43:22)	11:52 (55:14)		
18.	Åke Linderöth	Sundbybergs IK	56:26	+29:29		
	6:33 (6:33)	9:12 (15:45)	6:24 (22:09)	3:24 (25:33)	7:25 (32:58)	5:51 (38:49)
	4:19 (43:08)	2:01 (45:09)	4:40 (49:49)	6:37 (56:26)		
19.	Tage Abrahamsson	Rånäs OK	56:42	+29:45		
	9:01 (9:01)	4:23 (13:24)	6:12 (19:36)	3:40 (23:16)	7:06 (30:22)	6:02 (36:24)
	5:02 (41:26)	2:07 (43:33)	5:02 (48:35)	8:07 (56:42)		
20.	Sivert Söderbärg	OK Roslagen	59:38	+32:41		
	9:18 (9:18)	5:45 (15:03)	5:38 (20:41)	3:49 (24:30)	6:50 (31:20)	5:56 (37:16)
	6:31 (43:47)	2:28 (46:15)	6:07 (52:22)	7:16 (59:38)		
21.	Ann-Mari Fehrström	Enebybergs IF	1:00:17	+33:20		
	8:27 (8:27)	5:16 (13:43)	5:56 (19:39)	4:00 (23:39)	8:36 (32:15)	5:47 (38:02)
	6:30 (44:32)	2:50 (47:22)	5:29 (52:51)	7:26 (1:00:17)		
22.	Ragnar Andersson	Häverödals SK	1:01:07	+34:10		
	7:13 (7:13)	4:27 (11:40)	4:28 (16:08)	12:24 (28:32)	8:07 (36:39)	4:22 (41:01)
	4:48 (45:49)	2:13 (48:02)	5:13 (53:15)	7:52 (1:01:07)		

23.	Alf Persson	OK Österåker	1:01:46	+34:49		
	8:07 (8:07)	5:45 (13:52)	5:48 (19:40)	6:19 (25:59)	6:15 (32:14)	6:29 (38:43)
	6:25 (45:08)	3:18 (48:26)	5:50 (54:16)	7:30 (1:01:46)		
24.	Sven Eriksson	OK Roslagen	1:03:17	+36:20		
	8:40 (8:40)	5:42 (14:22)	5:50 (20:12)	6:27 (26:39)	6:28 (33:07)	5:58 (39:05)
	7:02 (46:07)	2:58 (49:05)	6:15 (55:20)	7:57 (1:03:17)		
25.	Lars-Erik Lindell	Väsby OK	1:03:58	+37:01		
	9:19 (9:19)	7:00 (16:19)	6:27 (22:46)	4:38 (27:24)	8:43 (36:07)	6:49 (42:56)
	5:25 (48:21)	2:48 (51:09)	5:42 (56:51)	7:07 (1:03:58)		
26.	Kristina Eriksson	Länna IF	1:04:38	+37:41		
	7:43 (7:43)	5:19 (13:02)	5:25 (18:27)	5:45 (24:12)	9:25 (33:37)	5:18 (38:55)
	11:33 (50:28)	1:47 (52:15)	5:48 (58:03)	6:35 (1:04:38)		
27.	UC Lybert Eriksson	Väsby OK	1:05:31	+38:34		
	8:43 (8:43)	8:42 (17:25)	5:11 (22:36)	3:21 (25:57)	14:42 (40:39)	4:39 (45:18)
	4:48 (50:06)	2:11 (52:17)	5:12 (57:29)	8:02 (1:05:31)		
28.	Rune Thurén	Vallentuna-Össeby OL	1:05:56	+38:59		
	9:08 (9:08)	5:24 (14:32)	5:21 (19:53)	4:05 (23:58)	9:26 (33:24)	6:32 (39:56)
	7:56 (47:52)	3:01 (50:53)	7:58 (58:51)	7:05 (1:05:56)		
29.	Göran Grimvall	Täby OK	1:11:32	+44:35		
	10:40 (10:40)	5:00 (15:40)	6:11 (21:51)	5:58 (25:49)	8:53 (34:42)	8:19 (43:01)
	9:18 (52:19)	3:03 (55:22)	8:27 (1:03:49)	7:43 (1:11:32)		
30.	Carl Lang	OK Österåker	1:13:38	+46:41		
	14:12 (14:12)	12:17 (26:29)	4:44 (31:13)	3:57 (35:10)	5:51 (41:01)	5:47 (46:48)
	8:38 (55:26)	2:45 (58:11)	8:03 (1:06:14)	7:24 (1:13:38)		
31.	Hejdi Holmqvist	Snättringe SK	1:20:31	+53:34		
	7:45 (7:45)	17:39 (25:24)	5:55 (31:19)	5:23 (36:42)	8:57 (45:39)	11:17 (56:56)
	7:27 (1:04:23)	3:54 (1:08:17)	6:50 (1:15:07)	5:24 (1:20:31)		
32.	Björn Eriksson	OK Roslagen	1:25:22	+58:25		
	6:59 (6:59)	5:12 (12:11)	5:27 (17:38)	19:40 (37:18)	8:09 (45:27)	11:45 (57:12)
	10:14 (1:07:26)	2:41 (1:10:07)	6:46 (1:16:53)	8:29 (1:25:22)		
33.	Ingvar Oskarsson	Klubblös	1:30:50	+63:53		
	11:03 (11:03)	6:56 (17:59)	12:24 (30:23)	5:29 (35:52)	9:11 (45:03)	9:40 (54:43)
	8:39 (1:03:22)	3:11 (1:06:33)	7:02 (1:13:35)	17:15 (1:30:50)		
34.	Henning Hamilton	Enebybergs IF	1:33:32	+66:35		
	21:01 (21:01)	6:49 (27:50)	11:50 (39:40)	5:03 (44:43)	10:40 (55:23)	7:16 (1:02:39)
	10:49 (1:13:28)	2:46 (1:16:14)	7:18 (1:23:32)	10:00 (1:33:32)		
35.	Anders Eriksson	Enebybergs IF	1:35:19	+68:22		
	9:04 (9:04)	8:40 (17:44)	7:00 (24:44)	7:57 (32:41)	9:10 (41:51)	13:28 (55:19)
	13:33 (1:08:52)	5:09 (1:14:01)	8:15 (1:22:16)	13:03 (1:35:19)		
	Lars Persson	Väsby OK	Felst.	4:37 (21:06)	5:11 (26:17)	4:05 (30:22)
	5:01 (5:01)	7:10 (12:11)	4:18 (16:29)	– (45:37)		
	3:51 (34:13)	2:15 (36:28)	– (–)			
	Yvonne Roos	Attunda OK	Felst.	6:35 (32:06)	– (–)	– (–)
	10:21 (10:21)	7:10 (17:31)	8:00 (25:31)	10:52 (1:08:29)		
	– (46:40)	3:40 (50:20)	7:17 (57:37)			

Lång	(4 / 4)	Tid	Efter		
1.	Thomas Karlsson	Södertälje-Nykvam OF	49:09		
	5:18 (5:18)	2:08 (7:26)	1:30 (8:56)	4:26 (13:22)	4:01 (17:23)
	3:15 (24:08)	2:41 (26:49)	1:10 (27:59)	5:32 (33:31)	3:32 (37:03)
	3:25 (44:52)	3:30 (48:22)	0:47 (49:09)		4:24 (41:27)
2.	Anna Röken	Täby OK	1:05:32	+16:23	
	6:53 (6:53)	2:31 (9:24)	2:02 (11:26)	6:21 (17:47)	5:48 (23:35)
	3:51 (32:26)	3:27 (35:53)	2:30 (38:23)	5:33 (43:56)	4:51 (48:47)
	4:58 (59:07)	5:23 (1:04:30)	1:02 (1:05:32)		5:00 (28:35)
3.	Lars Landström	Långhundra IF	1:19:06	+29:57	
	6:29 (6:29)	2:55 (9:24)	1:38 (11:02)	5:17 (16:19)	13:01 (29:20)
	3:58 (39:53)	3:03 (42:56)	2:23 (45:19)	6:14 (51:33)	4:49 (56:22)
	4:34 (1:14:47)	3:08 (1:17:55)	1:11 (1:19:06)		6:35 (35:55)
	Anders Holmqvist	Snättringe SK	Felst.	6:19 (18:35)	6:49 (25:24)
	5:58 (5:58)	2:03 (8:01)	4:15 (12:16)	4:19 (43:09)	3:53 (29:17)
	3:53 (33:10)	2:53 (36:03)	2:47 (38:50)	3:36 (46:45)	5:49 (52:34)
	4:06 (56:40)	– (–)	– (1:01:34)		