

# Resultat – Roslagsveteranerna 2018-03-22

2018-03-22

| LÅNGA  |                      | (7 / 7)        |                      | Tid            | Efter          |                |  |
|--------|----------------------|----------------|----------------------|----------------|----------------|----------------|--|
| 1.     | Peder Karlsson       |                | Rånäs OK             | 50:03          |                |                |  |
|        | 1:57 (1:57)          | 3:04 (5:01)    | 2:27 (7:28)          | 8:28 (15:56)   | 4:15 (20:11)   | 4:33 (24:44)   |  |
|        | 4:49 (29:33)         | 3:04 (32:37)   | 5:35 (38:12)         | 3:57 (42:09)   | 2:05 (44:14)   | 1:47 (46:01)   |  |
|        | 1:14 (47:15)         | 2:05 (49:20)   | 0:43 (50:03)         |                |                |                |  |
| 2.     | Håkan Brandberg      |                | Långhundra IF        | 54:20          | +4:17          |                |  |
|        | 2:00 (2:00)          | 6:08 (8:08)    | 4:03 (12:11)         | 8:17 (20:28)   | 4:48 (25:16)   | 3:37 (28:53)   |  |
|        | 4:17 (33:10)         | 3:46 (36:56)   | 5:48 (42:44)         | 3:36 (46:20)   | 2:10 (48:30)   | 1:58 (50:28)   |  |
|        | 1:13 (51:41)         | 2:00 (53:41)   | 0:39 (54:20)         |                |                |                |  |
| 3.     | Per-Johan Wikfors    |                | OK Österåker         | 1:00:44        | +10:41         |                |  |
|        | 1:52 (1:52)          | 3:44 (5:36)    | 3:55 (9:31)          | 11:15 (20:46)  | 5:47 (26:33)   | 3:55 (30:28)   |  |
|        | 5:22 (35:50)         | 3:23 (39:13)   | 7:06 (46:19)         | 4:23 (50:42)   | 2:32 (53:14)   | 2:46 (56:00)   |  |
|        | 1:43 (57:43)         | 2:16 (59:59)   | 0:45 (1:00:44)       |                |                |                |  |
| 4.     | Eva Elnrud           |                | Sigtuna OK           | 1:03:29        | +13:26         |                |  |
|        | 2:56 (2:56)          | 4:14 (7:10)    | 3:50 (11:00)         | 8:55 (19:55)   | 5:35 (25:30)   | 4:42 (30:12)   |  |
|        | 5:23 (35:35)         | 4:49 (40:24)   | 8:07 (48:31)         | 4:38 (53:09)   | 2:35 (55:44)   | 2:13 (57:57)   |  |
|        | 1:59 (59:56)         | 2:48 (1:02:44) | 0:45 (1:03:29)       |                |                |                |  |
| 5.     | Per-Åke Holm         |                | Sigtuna OK           | 1:05:24        | +15:21         |                |  |
|        | 2:15 (2:15)          | 7:31 (9:46)    | 4:01 (13:47)         | 8:17 (22:04)   | 5:22 (27:26)   | 4:59 (32:25)   |  |
|        | 4:54 (37:19)         | 5:00 (42:19)   | 7:52 (50:11)         | 4:58 (55:09)   | 2:36 (57:45)   | 2:09 (59:54)   |  |
|        | 1:52 (1:01:46)       | 2:54 (1:04:40) | 0:44 (1:05:24)       |                |                |                |  |
|        | Eddie Bjärenholt     |                | Rånäs OK             | Felst.         |                |                |  |
|        | 1:53 (1:53)          | 3:25 (5:18)    | 2:29 (7:47)          | 7:55 (15:42)   | 5:01 (20:43)   | 3:30 (24:13)   |  |
|        | – (–)                | – (31:32)      | 7:01 (38:33)         | 3:50 (42:23)   | 2:29 (44:52)   | 1:56 (46:48)   |  |
|        | 1:24 (48:12)         | 2:13 (50:25)   | 0:45 (51:10)         |                |                |                |  |
|        | Sture Larsson        |                | Länna IF             | Utg.           |                |                |  |
|        | 3:15 (3:15)          | 7:30 (10:45)   | 6:58 (17:43)         | 8:39 (26:22)   | 6:07 (32:29)   | 6:05 (38:34)   |  |
|        | 9:04 (47:38)         | 4:10 (51:48)   | 10:38 (1:02:26)      | 5:25 (1:07:51) | – (–)          | – (–)          |  |
|        | – (–)                | – (–)          | – (–)                |                |                |                |  |
| MELLAN |                      | (20 / 20)      |                      | Tid            | Efter          |                |  |
| 1.     | Per-Erik Wahlberg    |                | OK Linné             | 43:25          |                |                |  |
|        | 4:47 (4:47)          | 3:05 (7:52)    | 7:33 (15:25)         | 5:36 (21:01)   | 8:40 (29:41)   | 2:55 (32:36)   |  |
|        | 2:40 (35:16)         | 3:31 (38:47)   | 2:00 (40:47)         | 1:56 (42:43)   | 0:42 (43:25)   |                |  |
| 2.     | Carl-Gunnar Boström  |                | Enebybergs IF        | 47:58          | +4:33          |                |  |
|        | 5:04 (5:04)          | 3:14 (8:18)    | 7:57 (16:15)         | 6:45 (23:00)   | 8:22 (31:22)   | 3:36 (34:58)   |  |
|        | 3:19 (38:17)         | 4:39 (42:56)   | 2:13 (45:09)         | 2:02 (47:11)   | 0:47 (47:58)   |                |  |
| 3.     | Gerad Lielliestierna |                | OK Roslagen          | 50:41          | +7:16          |                |  |
|        | 5:16 (5:16)          | 3:14 (8:30)    | 13:16 (21:46)        | 7:40 (29:26)   | 6:49 (36:15)   | 2:52 (39:07)   |  |
|        | 2:43 (41:50)         | 4:02 (45:52)   | 2:12 (48:04)         | 1:57 (50:01)   | 0:40 (50:41)   |                |  |
| 4.     | Leif Nordlund        |                | Länna IF             | 51:04          | +7:39          |                |  |
|        | 4:54 (4:54)          | 3:20 (8:14)    | 8:12 (16:26)         | 5:53 (22:19)   | 10:13 (32:32)  | 6:38 (39:10)   |  |
|        | 2:48 (41:58)         | 4:17 (46:15)   | 2:04 (48:19)         | 1:56 (50:15)   | 0:49 (51:04)   |                |  |
| 5.     | Willy Ljungdell      |                | Täby OK              | 54:03          | +10:38         |                |  |
|        | 5:05 (5:05)          | 3:56 (9:01)    | 8:45 (17:46)         | 8:09 (25:55)   | 10:05 (36:00)  | 3:50 (39:50)   |  |
|        | 3:22 (43:12)         | 5:22 (48:34)   | 2:17 (50:51)         | 2:21 (53:12)   | 0:51 (54:03)   |                |  |
| 6.     | Kurt Andersson       |                | Enebybergs IF        | 54:14          | +10:49         |                |  |
|        | 5:48 (5:48)          | 3:06 (8:54)    | 8:57 (17:51)         | 7:03 (24:54)   | 10:56 (35:50)  | 3:48 (39:38)   |  |
|        | 3:21 (42:59)         | 5:32 (48:31)   | 2:17 (50:48)         | 2:43 (53:31)   | 0:43 (54:14)   |                |  |
| 7.     | Mats Lundblad        |                | Täby OK              | 55:51          | +12:26         |                |  |
|        | 6:48 (6:48)          | 3:49 (10:37)   | 9:35 (20:12)         | 9:08 (29:20)   | 9:14 (38:34)   | 4:45 (43:19)   |  |
|        | 2:47 (46:06)         | 4:20 (50:26)   | 2:41 (53:07)         | 2:06 (55:13)   | 0:38 (55:51)   |                |  |
| 8.     | Kerstin Rosengren    |                | Klubbblös            | 56:12          | +12:47         |                |  |
|        | 7:01 (7:01)          | 3:57 (10:58)   | 10:44 (21:42)        | 7:07 (28:49)   | 10:05 (38:54)  | 3:42 (42:36)   |  |
|        | 3:05 (45:41)         | 4:35 (50:16)   | 2:31 (52:47)         | 2:30 (55:17)   | 0:55 (56:12)   |                |  |
| 9.     | Crister Andersson    |                | ATG                  | 57:38          | +14:13         |                |  |
|        | 5:42 (5:42)          | 3:57 (9:39)    | 10:57 (20:36)        | 7:16 (27:52)   | 8:47 (36:39)   | 3:49 (40:28)   |  |
|        | 2:59 (43:27)         | 4:49 (48:16)   | 6:09 (54:25)         | 2:25 (56:50)   | 0:48 (57:38)   |                |  |
| 10.    | Rolf Andersson       |                | Rimbo SOK            | 57:49          | +14:24         |                |  |
|        | 6:58 (6:58)          | 4:00 (10:58)   | 10:08 (21:06)        | 8:07 (29:13)   | 9:13 (38:26)   | 4:10 (42:36)   |  |
|        | 3:12 (45:48)         | 6:12 (52:00)   | 2:45 (54:45)         | 2:16 (57:01)   | 0:48 (57:49)   |                |  |
| 11.    | Ulf Skogtjärn        |                | OK Linné             | 59:21          | +15:56         |                |  |
|        | 6:23 (6:23)          | 4:21 (10:44)   | 11:21 (22:05)        | 8:58 (31:03)   | 9:32 (40:35)   | 3:43 (44:18)   |  |
|        | 3:24 (47:42)         | 5:04 (52:46)   | 3:13 (55:59)         | 2:34 (58:33)   | 0:48 (59:21)   |                |  |
| 12.    | Thord Rådberg        |                | OK Roslagen          | 1:00:21        | +16:56         |                |  |
|        | 5:48 (5:48)          | 3:56 (9:44)    | 9:29 (19:13)         | 9:53 (29:06)   | 9:29 (38:35)   | 3:35 (42:10)   |  |
|        | 4:25 (46:35)         | 8:49 (55:24)   | 2:09 (57:33)         | 2:00 (59:33)   | 0:48 (1:00:21) |                |  |
| 13.    | Rune Carlsson        |                | Sundbybergs IK       | 1:01:55        | +18:30         |                |  |
|        | 7:26 (7:26)          | 4:22 (11:48)   | 9:05 (20:53)         | 16:09 (37:02)  | 9:25 (46:27)   | 3:08 (49:35)   |  |
|        | 2:34 (52:09)         | 4:15 (56:24)   | 2:08 (58:32)         | 2:42 (1:01:14) | 0:41 (1:01:55) |                |  |
| 14.    | Britt Larsson        |                | Länna IF             | 1:10:00        | +26:35         |                |  |
|        | 6:48 (6:48)          | 4:39 (11:27)   | 17:29 (28:56)        | 9:29 (38:25)   | 12:42 (51:07)  | 3:35 (54:42)   |  |
|        | 4:15 (58:57)         | 5:05 (1:04:02) | 2:43 (1:06:45)       | 2:22 (1:09:07) | 0:53 (1:10:00) |                |  |
| 15.    | Sören Eriksson       |                | Länna IF             | 1:10:17        | +26:52         |                |  |
|        | 7:53 (7:53)          | 4:34 (12:27)   | 13:03 (25:30)        | 11:43 (37:13)  | 10:44 (47:57)  | 4:30 (52:27)   |  |
|        | 3:14 (55:41)         | 4:49 (1:00:30) | 2:46 (1:03:16)       | 5:54 (1:09:10) | 1:07 (1:10:17) |                |  |
| 16.    | Tor Lindström        |                | Tumba-Mälardalens OK | 1:10:31        | +27:06         |                |  |
|        | 7:38 (7:38)          | 4:18 (11:56)   | 11:58 (23:54)        | 10:06 (34:00)  | 11:40 (45:40)  | 4:39 (50:19)   |  |
|        | 5:42 (56:01)         | 5:18 (1:01:19) | 5:40 (1:06:59)       | 2:34 (1:09:33) | 0:58 (1:10:31) |                |  |
| 17.    | Leif Hermundstad     |                | Snättringe SK        | 1:15:59        | +32:34         |                |  |
|        | 8:36 (8:36)          | 4:33 (13:09)   | 13:09 (26:18)        | 10:32 (36:50)  | 10:15 (47:05)  | 4:48 (51:53)   |  |
|        | 3:28 (55:21)         | 7:55 (1:03:16) | 8:29 (1:11:45)       | 2:55 (1:14:40) | 1:19 (1:15:59) |                |  |
| 18.    | Birgitta Klang       |                | L-100                | 1:21:20        | +37:55         |                |  |
|        | 6:43 (6:43)          | 4:09 (10:52)   | 9:35 (20:27)         | 34:07 (54:34)  | 8:27 (1:03:01) | 4:01 (1:07:02) |  |
|        | 2:57 (1:09:59)       | 4:57 (1:14:56) | 3:03 (1:17:59)       | 2:30 (1:20:29) | 0:51 (1:21:20) |                |  |
| 19.    | Eva von Heijne       |                | Sigtuna OK           | 1:22:41        | +39:16         |                |  |
|        | 8:07 (8:07)          | 4:08 (12:15)   | 9:36 (21:51)         | 34:12 (56:03)  | 8:21 (1:04:24) | 3:59 (1:08:23) |  |
|        | 3:00 (1:11:23)       | 4:55 (1:16:18) | 3:06 (1:19:24)       | 2:27 (1:21:51) | 0:50 (1:22:41) |                |  |

|                      |                      |                 |                 |                |
|----------------------|----------------------|-----------------|-----------------|----------------|
| Ulf Åström           | OK Roslagen          | Felst.          |                 |                |
| 6:48 (6:48)          | 3:33 (10:21)         | 9:00 (19:21)    | 6:29 (25:50)    | 10:00 (35:50)  |
| 3:01 (46:28)         | 10:03 (56:31)        | 7:38 (1:04:09)  | – (–)           | – (1:07:03)    |
| <b>KORTA</b>         | <b>(17 / 17)</b>     | <b>Tid</b>      | <b>Efter</b>    |                |
| 1. Per Ljung         | Stockholms OK        | 26:22           |                 |                |
| 2:14 (2:14)          | 1:55 (4:09)          | 2:52 (8:56)     | 4:02 (12:58)    | 3:17 (16:15)   |
| 2:39 (18:54)         | 3:02 (21:56)         | 1:30 (25:56)    | 0:26 (26:22)    |                |
| 2. Håkan Boije       | Attunda OK           | 34:26 +8:04     |                 |                |
| 2:53 (2:53)          | 2:43 (5:36)          | 3:28 (11:33)    | 5:05 (16:38)    | 4:15 (20:53)   |
| 3:49 (24:42)         | 3:02 (27:44)         | 2:09 (33:45)    | 0:41 (34:26)    |                |
| 3. Kurt Boström      | OK Linné             | 36:33 +10:11    |                 |                |
| 3:48 (3:48)          | 3:09 (6:57)          | 4:21 (13:55)    | 5:25 (19:20)    | 3:58 (23:18)   |
| 3:12 (26:30)         | 2:45 (29:15)         | 3:46 (33:01)    | 0:56 (36:33)    |                |
| 4. Jan-Olov Wålberg  | IBM-Klubben          | 36:47 +10:25    |                 |                |
| 3:08 (3:08)          | 2:41 (5:49)          | 3:14 (9:03)     | 5:03 (18:45)    | 4:02 (22:47)   |
| 3:31 (26:18)         | 3:23 (29:41)         | 3:49 (33:30)    | 0:54 (36:47)    |                |
| 5. Leif Nordin       | Turebergs IF         | 37:06 +10:44    |                 |                |
| 3:16 (3:16)          | 2:44 (6:00)          | 2:18 (8:18)     | 5:22 (17:28)    | 4:06 (21:34)   |
| 3:23 (24:57)         | 5:00 (29:57)         | 3:52 (33:49)    | 1:01 (37:06)    |                |
| 6. Roine Mattson     | Häverödals SK        | 41:23 +15:01    |                 |                |
| 3:45 (3:45)          | 3:23 (7:08)          | 3:57 (11:05)    | 6:04 (23:44)    | 4:22 (28:06)   |
| 3:18 (31:24)         | 2:41 (34:05)         | 3:48 (37:53)    | 0:53 (41:23)    |                |
| 7. Lennart Jansson   | Häverödals SK        | 42:51 +16:29    |                 |                |
| 3:40 (3:40)          | 3:07 (6:47)          | 6:00 (12:47)    | 5:20 (23:13)    | 3:58 (27:11)   |
| 3:25 (30:36)         | 5:25 (36:01)         | 3:47 (39:48)    | 0:49 (42:51)    |                |
| 8. Olov Jansson      | Häverödals SK        | 45:30 +19:08    |                 |                |
| 4:03 (4:03)          | 3:23 (7:26)          | 4:14 (11:40)    | 6:45 (23:00)    | 6:41 (29:41)   |
| 4:28 (34:09)         | 3:17 (37:26)         | 3:57 (41:23)    | 1:03 (45:30)    |                |
| 9. Lars Roos         | Attunda OK           | 47:54 +21:32    |                 |                |
| 3:55 (3:55)          | 3:47 (7:42)          | 3:29 (11:11)    | 7:50 (25:14)    | 5:32 (30:46)   |
| 4:16 (35:02)         | 4:32 (39:34)         | 4:40 (44:14)    | 0:47 (47:54)    |                |
| 10. Margareta Wallén | Täby OK              | 48:54 +22:32    |                 |                |
| 4:30 (4:30)          | 4:04 (8:34)          | 3:30 (12:04)    | 8:10 (26:07)    | 5:27 (31:34)   |
| 4:22 (35:56)         | 4:14 (40:10)         | 4:56 (45:06)    | 1:01 (48:54)    |                |
| 11. Sigurd Wallén    | Täby OK              | 49:10 +22:48    |                 |                |
| 4:45 (4:45)          | 3:49 (8:34)          | 3:31 (12:05)    | 8:04 (26:03)    | 5:27 (31:30)   |
| 4:20 (35:50)         | 4:29 (40:19)         | 4:49 (45:08)    | 1:03 (49:10)    |                |
| 12. Lars Persson     | Väsby OK             | 52:58 +26:36    |                 |                |
| 3:48 (3:48)          | 2:58 (6:46)          | 5:15 (12:01)    | 7:33 (29:17)    | 9:02 (38:19)   |
| 3:40 (41:59)         | 3:01 (45:00)         | 4:13 (49:13)    | 1:05 (52:58)    |                |
| 13. Ewa Nordlund     | Länna IF             | 53:35 +27:13    |                 |                |
| 4:02 (4:02)          | 4:02 (8:04)          | 4:41 (12:45)    | 6:36 (32:32)    | 4:44 (37:16)   |
| 3:30 (40:46)         | 5:14 (46:00)         | 4:02 (50:02)    | 0:53 (53:35)    |                |
| 14. Sivert Söderbärg | Vallentuna-Össeby OL | 55:32 +29:10    |                 |                |
| 4:59 (4:59)          | 3:56 (8:55)          | 4:19 (13:14)    | 8:04 (27:59)    | 5:32 (33:31)   |
| 8:03 (41:34)         | 4:20 (45:54)         | 5:06 (51:00)    | 1:31 (55:32)    |                |
| 15. Björn Eriksson   | OK Roslagen          | 59:13 +32:51    |                 |                |
| 5:22 (5:22)          | 4:15 (9:37)          | 3:39 (13:16)    | 8:41 (27:59)    | 5:28 (33:27)   |
| 10:35 (44:02)        | 4:25 (48:27)         | 5:12 (53:39)    | 1:36 (59:13)    |                |
| 16. Kjell Jansson    | Väsby OK             | 1:18:28 +52:06  |                 |                |
| 4:23 (4:23)          | 3:20 (7:43)          | 3:18 (11:01)    | 7:06 (23:02)    | 5:38 (28:40)   |
| 4:27 (33:07)         | 27:32 (1:00:39)      | 7:15 (1:07:54)  | 1:30 (1:18:28)  |                |
| Tage Amrahamsson     | Rånäs OK             | Felst.          |                 |                |
| 4:06 (4:06)          | 3:33 (7:39)          | – (12:40)       | 8:01 (20:41)    | 5:05 (25:46)   |
| 5:00 (30:46)         | 4:04 (34:50)         | 2:50 (42:23)    | 0:57 (43:20)    |                |
| <b>KORTAST</b>       | <b>(4 / 4)</b>       | <b>Tid</b>      | <b>Efter</b>    |                |
| 1. Alf Persson       | OK Österåker         | 41:31           |                 |                |
| 4:28 (4:28)          | 5:05 (9:33)          | 4:33 (26:08)    | 8:55 (35:03)    | 5:15 (40:18)   |
| 1:13 (41:31)         |                      |                 |                 |                |
| 2. Bo Westling       | Häverödals SK        | 42:14 +0:43     |                 |                |
| 4:00 (4:00)          | 4:00 (8:00)          | 13:24 (27:58)   | 8:37 (36:35)    | 4:17 (40:52)   |
| 1:22 (42:14)         |                      |                 |                 |                |
| 3. Yvonne Roos       | Attunda OK           | 56:47 +15:16    |                 |                |
| 6:12 (6:12)          | 5:43 (11:55)         | 7:29 (30:10)    | 16:41 (46:51)   | 7:00 (53:51)   |
| 2:56 (56:47)         |                      |                 |                 |                |
| 4. Sven Eriksson     | OK Roslagen          | 2:45:06 +123:35 |                 |                |
| – (1:53:40)          | 12:36 (2:06:16)      | 7:11 (2:26:54)  | 11:28 (2:38:22) | 5:14 (2:43:36) |
| 1:30 (2:45:06)       |                      |                 |                 |                |