

Resultat – Roslagsveteranerna 26/3-15

2015-03-26

Klass A		(13 / 13)	Tid	Efter
1.	Rickard Ekman	OK Roslagen	32:51	
	1:57 (1:57)	3:27 (7:41)	2:07 (9:48)	1:07 (10:55)
	1:42 (12:37)	2:28 (16:51)	2:13 (19:04)	1:55 (20:59)
	2:00 (22:59)	4:30 (29:52)	1:58 (31:50)	1:01 (32:51)
2.	Tommy Holmér	Väsby OK	36:08	+3:17
	2:03 (2:03)	3:37 (8:29)	2:07 (10:36)	1:04 (11:40)
	1:56 (13:36)	2:47 (18:21)	2:20 (20:41)	2:27 (23:08)
	3:03 (26:11)	4:34 (33:28)	1:44 (35:12)	0:56 (36:08)
3.	Malin Dahlbäck	OK Österåker	40:37	+7:46
	1:59 (1:59)	4:06 (9:32)	2:08 (11:40)	1:42 (13:22)
	2:01 (15:23)	3:36 (21:10)	2:48 (23:58)	2:33 (26:31)
	2:29 (29:00)	5:16 (37:09)	2:25 (39:34)	1:03 (40:37)
4.	Håkan Dahlbäck	OK Österåker	41:05	+8:14
	2:18 (2:18)	4:09 (9:54)	1:59 (11:53)	1:39 (13:32)
	2:01 (15:33)	3:15 (21:09)	2:59 (24:08)	2:36 (26:44)
	2:29 (29:13)	5:19 (37:21)	2:31 (39:52)	1:13 (41:05)
5.	Anders Gärderud	IFK Lidingös SOK	48:37	+15:46
	3:07 (3:07)	4:52 (12:44)	2:16 (15:00)	1:22 (16:22)
	2:21 (18:43)	3:25 (24:23)	3:05 (27:28)	2:44 (30:12)
	2:49 (33:01)	5:40 (42:36)	4:38 (47:14)	1:23 (48:37)
6.	Eddie Bjärenholt	Rånäs OK	50:15	+17:24
	2:28 (2:28)	5:24 (10:56)	3:55 (14:51)	1:35 (16:26)
	2:32 (18:58)	4:25 (26:02)	3:24 (29:26)	3:07 (32:33)
	2:58 (35:31)	6:42 (46:19)	2:32 (48:51)	1:24 (50:15)
7.	Jan Åsberg	Häverödals SK	51:11	+18:20
	2:47 (2:47)	5:12 (11:10)	4:56 (16:06)	1:41 (17:47)
	2:31 (20:18)	3:29 (26:21)	3:20 (29:41)	3:11 (32:52)
	3:09 (36:01)	6:16 (46:47)	2:49 (49:36)	1:35 (51:11)
8.	Kjell Ohlsson	Fredrikshofs IF Skid & OK	51:29	+18:38
	2:40 (2:40)	5:03 (10:50)	3:42 (14:32)	1:34 (16:06)
	4:08 (20:14)	3:36 (26:09)	3:32 (29:41)	3:15 (32:56)
	2:42 (35:38)	6:08 (46:00)	3:59 (49:59)	1:30 (51:29)
9.	Leif Nordlund	Länna IF	52:23	+19:32
	2:35 (2:35)	5:39 (11:21)	2:39 (14:00)	1:39 (15:39)
	2:46 (18:25)	3:41 (24:39)	3:18 (27:57)	3:22 (31:19)
	5:16 (36:35)	6:26 (48:13)	2:41 (50:54)	1:29 (52:23)
10.	Per-Erik Wählberg	OK Linné	54:24	+21:33
	4:25 (4:25)	6:30 (14:17)	2:27 (16:44)	1:42 (18:26)
	2:17 (20:43)	3:46 (27:15)	3:40 (30:55)	4:25 (35:20)
	3:04 (38:24)	6:25 (49:18)	3:15 (52:33)	1:51 (54:24)
11.	Kurt Andersson	Enebybergs IF	1:08:10	+35:19
	4:24 (4:24)	6:53 (15:18)	3:32 (18:50)	2:08 (20:58)
	3:20 (24:18)	4:17 (32:27)	4:06 (36:33)	3:52 (40:25)
	4:11 (44:36)	8:35 (1:02:46)	3:42 (1:06:28)	1:42 (1:08:10)
12.	Eva Elnerud	Sigtuna OK	1:11:36	+38:45
	4:20 (4:20)	7:32 (16:08)	3:51 (19:59)	2:11 (22:10)
	3:30 (25:40)	4:53 (33:58)	4:31 (38:29)	4:17 (42:46)
	5:51 (48:37)	8:51 (1:05:13)	4:44 (1:09:57)	1:39 (1:11:36)
13.	Bjame Erlandsson	Hammarby IF OF	1:26:27	+53:36
	4:21 (4:21)	10:45 (24:23)	5:53 (30:16)	2:55 (33:11)
	3:07 (36:18)	4:49 (44:26)	4:04 (48:30)	3:59 (52:29)
	5:36 (58:05)	15:39 (1:19:10)	4:56 (1:24:06)	2:21 (1:26:27)
Klass B		(25 / 25)	Tid	Efter
1.	Lars Westin	Vallentuna-Össeby OL	41:30	
	4:32 (4:32)	2:02 (11:17)	2:47 (14:04)	1:49 (15:53)
	2:53 (18:46)	4:44 (26:19)	4:26 (30:45)	3:27 (34:12)
	2:36 (36:48)	1:32 (41:30)		
2.	Anders Stenback	Bromma-Vällingby SOK	43:48	+2:18
	4:52 (4:52)	2:17 (11:59)	3:26 (15:25)	1:47 (17:12)
	2:47 (19:59)	4:14 (27:04)	5:13 (32:17)	3:20 (35:37)
	1:58 (37:35)	1:31 (43:48)		

3.	Rolf Andersson		Rimbo SOK	46:20	+4:50
	5:20 (5:20)	5:05 (10:25)	2:09 (12:34)	5:00 (17:34)	1:59 (19:33)
	3:01 (22:34)	3:02 (25:36)	4:27 (30:03)	4:56 (34:59)	4:16 (39:15)
	2:07 (41:22)	3:37 (44:59)	1:21 (46:20)		
4.	Lars Persson		Väsby OK	46:28	+4:58
	5:19 (5:19)	6:05 (11:24)	3:33 (14:57)	3:00 (17:57)	1:53 (19:50)
	2:49 (22:39)	2:47 (25:26)	4:19 (29:45)	4:20 (34:05)	3:54 (37:59)
	2:04 (40:03)	4:43 (44:46)	1:42 (46:28)		
5.	Jan-Olof Wählberg		IBM-Klubben	47:14	+5:44
	4:23 (4:23)	4:51 (9:14)	2:08 (11:22)	4:12 (15:34)	2:12 (17:46)
	3:34 (21:20)	3:10 (24:30)	4:26 (28:56)	7:23 (36:19)	3:18 (39:37)
	2:01 (41:38)	4:02 (45:40)	1:34 (47:14)		
6.	Christer Andersson		ATG	47:48	+6:18
	5:17 (5:17)	5:01 (10:18)	2:27 (12:45)	3:14 (15:59)	2:08 (18:07)
	3:38 (21:45)	3:25 (25:10)	4:42 (29:52)	5:43 (35:35)	4:28 (40:03)
	2:07 (42:10)	4:06 (46:16)	1:32 (47:48)		
7.	Birgitta Klang		Långhundra IF	49:06	+7:36
	5:01 (5:01)	5:36 (10:37)	2:34 (13:11)	3:13 (16:24)	1:59 (18:23)
	3:34 (21:57)	3:20 (25:17)	4:41 (29:58)	5:25 (35:23)	4:24 (39:47)
	2:27 (42:14)	5:18 (47:32)	1:34 (49:06)		
8.	Hans Eriksson		Rånäs OK	49:20	+7:50
	5:45 (5:45)	5:13 (10:58)	2:29 (13:27)	4:47 (18:14)	2:32 (20:46)
	2:42 (23:28)	3:20 (26:48)	4:45 (31:33)	4:36 (36:09)	4:14 (40:23)
	2:48 (43:11)	4:46 (47:57)	1:23 (49:20)		
9.	Sören Eriksson		Länna IF	49:32	+8:02
	5:58 (5:58)	5:32 (11:30)	2:30 (14:00)	3:59 (17:59)	1:59 (19:58)
	3:05 (23:03)	3:30 (26:33)	4:57 (31:30)	6:21 (37:51)	3:48 (41:39)
	2:25 (44:04)	3:53 (47:57)	1:35 (49:32)		
10.	Håkan Boije		Attunda OK	49:58	+8:28
	7:29 (7:29)	5:12 (12:41)	2:13 (14:54)	4:12 (19:06)	1:51 (20:57)
	3:24 (24:21)	3:17 (27:38)	4:17 (31:55)	5:03 (36:58)	4:56 (41:54)
	2:41 (44:35)	3:54 (48:29)	1:29 (49:58)		
11.	Bengt Friberg		Järfälla OK	52:36	+11:06
	7:19 (7:19)	5:23 (12:42)	2:59 (15:41)	3:18 (18:59)	2:22 (21:21)
	3:38 (24:59)	2:52 (27:51)	5:49 (33:40)	5:36 (39:16)	4:16 (43:32)
	2:51 (46:23)	4:38 (51:01)	1:35 (52:36)		
12.	Stig Jaremalm		Vallentuna-Össeby OL	52:57	+11:27
	4:39 (4:39)	5:15 (9:54)	2:34 (12:28)	6:48 (19:16)	2:26 (21:42)
	2:47 (24:29)	3:56 (28:25)	4:27 (32:52)	8:02 (40:54)	4:15 (45:09)
	2:16 (47:25)	4:06 (51:31)	1:26 (52:57)		
13.	Rune Carlsson		Sundbybergs IK	53:40	+12:10
	7:09 (7:09)	4:17 (11:26)	6:08 (17:34)	3:17 (20:51)	6:49 (27:40)
	2:53 (30:33)	2:23 (32:56)	4:01 (36:57)	6:58 (43:55)	3:15 (47:10)
	1:47 (48:57)	3:21 (52:18)	1:22 (53:40)		
14.	Thord Rådberg		OK Roslagen	54:11	+12:41
	5:43 (5:43)	5:02 (10:45)	2:39 (13:24)	4:26 (17:50)	1:59 (19:49)
	3:12 (23:01)	4:11 (27:12)	4:11 (31:23)	8:11 (39:34)	4:06 (43:40)
	2:20 (46:00)	6:46 (52:46)	1:25 (54:11)		
15.	Sven-Olov Norlin		Rimbo SOK	55:34	+14:04
	5:42 (5:42)	5:45 (11:27)	2:37 (14:04)	4:03 (18:07)	2:17 (20:24)
	3:57 (24:21)	5:20 (29:41)	6:03 (35:44)	6:34 (42:18)	4:43 (47:01)
	2:22 (49:23)	4:27 (53:50)	1:44 (55:34)		
16.	Ove Forsberg		Turebergs IF	56:56	+15:26
	5:27 (5:27)	6:36 (12:03)	2:57 (15:00)	5:28 (20:28)	2:07 (22:35)
	3:06 (25:41)	3:17 (28:58)	4:14 (33:12)	9:04 (42:16)	5:03 (47:19)
	2:30 (49:49)	5:31 (55:20)	1:36 (56:56)		
17.	Sigurd Wallén		Täby OK	57:28	+15:58
	8:23 (8:23)	6:07 (14:30)	2:17 (16:47)	5:01 (21:48)	1:55 (23:43)
	3:36 (27:19)	3:47 (31:06)	4:40 (35:46)	7:20 (43:06)	4:56 (48:02)
	3:00 (51:02)	4:42 (55:44)	1:44 (57:28)		
18.	Jan Larsson		Tullinge SK	57:54	+16:24
	7:14 (7:14)	6:05 (13:19)	4:51 (18:10)	3:19 (21:29)	2:05 (23:34)
	3:19 (26:53)	3:44 (30:37)	5:28 (36:05)	6:28 (42:33)	4:32 (47:05)
	3:34 (50:39)	5:21 (56:00)	1:54 (57:54)		
19.	Ulf Skogtjärn		OK Linné	1:00:55	+19:25
	6:27 (6:27)	5:27 (11:54)	4:59 (16:53)	4:31 (21:24)	2:24 (23:48)
	3:17 (27:05)	3:43 (30:48)	9:41 (40:29)	6:12 (46:41)	5:02 (51:43)
	2:21 (54:04)	4:59 (59:03)	1:52 (1:00:55)		

20.	Agnes Berg		Sundbybergs IK	1:01:51	+20:21
	5:58 (5:58)	6:49 (12:47)	2:58 (15:45)	4:18 (20:03)	2:47 (22:50)
	3:35 (26:25)	5:46 (32:11)	6:33 (38:44)	7:15 (45:59)	6:01 (52:00)
	2:38 (54:38)	5:03 (59:41)	2:10 (1:01:51)		
21.	Rolf Hjort		Rånäs OK	1:03:39	+22:09
	5:46 (5:46)	6:36 (12:22)	4:01 (16:23)	6:16 (22:39)	2:46 (25:25)
	3:18 (28:43)	5:06 (33:49)	5:31 (39:20)	5:34 (44:54)	6:24 (51:18)
	2:50 (54:08)	7:53 (1:02:01)	1:38 (1:03:39)		
22.	Ewa Nordlund		Länna IF	1:11:59	+30:29
	9:54 (9:54)	6:40 (16:34)	3:08 (19:42)	3:49 (23:31)	3:18 (26:49)
	5:11 (32:00)	4:04 (36:04)	6:35 (42:39)	13:38 (56:17)	5:16 (1:01:33)
	3:11 (1:04:44)	5:16 (1:10:00)	1:59 (1:11:59)		
23.	Sivert Söderbärg		OK Roslagen	1:12:55	+31:25
	8:30 (8:30)	7:13 (15:43)	3:10 (18:53)	6:29 (25:22)	2:56 (28:18)
	4:39 (32:57)	4:27 (37:24)	6:52 (44:16)	9:46 (54:02)	6:24 (1:00:26)
	2:57 (1:03:23)	7:07 (1:10:30)	2:25 (1:12:55)		
24.	Ylva Nilsson		Vallentuna-Össeby OL	1:17:39	+36:09
	10:54 (10:54)	11:08 (22:02)	3:06 (25:08)	10:39 (35:47)	2:46 (38:33)
	3:35 (42:08)	6:15 (48:23)	6:25 (54:48)	5:47 (1:00:35)	6:24 (1:06:59)
	2:57 (1:09:56)	5:07 (1:15:03)	2:36 (1:17:39)		
25.	Leif Skott		OK Roslagen	1:30:55	+49:25
	8:22 (8:22)	11:35 (19:57)	3:33 (23:30)	10:43 (34:13)	4:09 (38:22)
	4:56 (43:18)	5:39 (48:57)	9:33 (58:30)	10:37 (1:09:07)	6:56 (1:16:03)
	4:33 (1:20:36)	7:20 (1:27:56)	2:59 (1:30:55)		
Klass C			(24 / 24)	Tid	Efter
1.	Ulf Carnby		Täby OK	32:36	
	3:08 (3:08)	4:35 (7:43)	3:27 (11:10)	1:52 (13:02)	3:00 (16:02)
	1:39 (17:41)	6:26 (24:07)	2:55 (27:02)	3:54 (30:56)	1:40 (32:36)
2.	Uno Karlsson		Häverödals SK	42:45	+10:09
	3:30 (3:30)	7:48 (11:18)	5:29 (16:47)	2:49 (19:36)	3:01 (22:37)
	1:55 (24:32)	8:51 (33:23)	6:10 (39:33)	0:46 (40:19)	2:26 (42:45)
3.	Olov Jansson		Häverödals SK	47:47	+15:11
	3:20 (3:20)	5:36 (8:56)	11:36 (20:32)	2:15 (22:47)	3:44 (26:31)
	2:23 (28:54)	10:32 (39:26)	3:26 (42:52)	2:49 (45:41)	2:06 (47:47)
4.	Kurt Kisslig		Vaxholm	48:18	+15:42
	3:59 (3:59)	6:59 (10:58)	5:13 (16:11)	3:04 (19:15)	3:53 (23:08)
	2:34 (25:42)	9:41 (35:23)	9:19 (44:42)	1:15 (45:57)	2:21 (48:18)
5.	Boris Andersson		Rånäs OK	48:23	+15:47
	3:35 (3:35)	5:57 (9:32)	4:49 (14:21)	8:01 (22:22)	3:49 (26:11)
	2:47 (28:58)	9:05 (38:03)	5:35 (43:38)	2:21 (45:59)	2:24 (48:23)
6.	Lars-Erik Lindell		Väsby OK	49:04	+16:28
	4:36 (4:36)	5:43 (10:19)	5:37 (15:56)	2:48 (18:44)	4:29 (23:13)
	2:31 (25:44)	12:25 (38:09)	6:03 (44:12)	2:34 (46:46)	2:18 (49:04)
7.	Bo Westling		Häverödals SK	49:12	+16:36
	4:07 (4:07)	5:16 (9:23)	5:08 (14:31)	3:04 (17:35)	3:37 (21:12)
	2:10 (23:22)	14:53 (38:15)	6:49 (45:04)	1:44 (46:48)	2:24 (49:12)
8.	Pia Vikström		Täby OK	50:03	+17:27
	4:02 (4:02)	7:35 (11:37)	6:18 (17:55)	2:53 (20:48)	3:52 (24:40)
	2:47 (27:27)	12:27 (39:54)	4:31 (44:25)	3:01 (47:26)	2:37 (50:03)
9.	Roine Mattsson		Häverödals SK	50:21	+17:45
	4:05 (4:05)	6:00 (10:05)	5:49 (15:54)	2:47 (18:41)	3:58 (22:39)
	2:45 (25:24)	16:26 (41:50)	5:31 (47:21)	1:00 (48:21)	2:00 (50:21)
10.	Kristina Eriksson		Länna IF	52:42	+20:06
	5:34 (5:34)	7:57 (13:31)	5:17 (18:48)	4:41 (23:29)	3:57 (27:26)
	3:00 (30:26)	12:29 (42:55)	3:39 (46:34)	4:14 (50:48)	1:54 (52:42)
11.	Lennart Jansson		Häverödals SK	52:49	+20:13
	3:50 (3:50)	6:43 (10:33)	5:02 (15:35)	4:34 (20:09)	3:24 (23:33)
	2:18 (25:51)	17:21 (43:12)	6:11 (49:23)	1:02 (50:25)	2:24 (52:49)
12.	Sören Hessel		Vallentuna-Össeby OL	58:16	+25:40
	4:28 (4:28)	6:54 (11:22)	6:42 (18:04)	3:23 (21:27)	4:55 (26:22)
	2:56 (29:18)	16:15 (45:33)	9:30 (55:03)	1:02 (56:05)	2:11 (58:16)
13.	Ingallil Timgren		OK Österåker	58:23	+25:47
	4:45 (4:45)	6:49 (11:34)	5:44 (17:18)	3:03 (20:21)	4:58 (25:19)
	2:44 (28:03)	16:55 (44:58)	6:50 (51:48)	4:30 (56:18)	2:05 (58:23)

14.	Rune Thurén		Vallentuna-Össeby OL	59:53	+27:17
	5:04 (5:04)	9:09 (14:13)	8:02 (22:15)	3:15 (25:30)	4:46 (30:16)
	3:02 (33:18)	12:11 (45:29)	4:01 (49:30)	6:47 (56:17)	3:36 (59:53)
15.	Ingrid Jarlebring		Väsby OK	1:04:28	+31:52
	4:57 (4:57)	17:37 (22:34)	9:06 (31:40)	3:27 (35:07)	5:54 (41:01)
	3:11 (44:12)	9:00 (53:12)	5:37 (58:49)	2:57 (1:01:46)	2:42 (1:04:28)
16.	Lena Johnsson		Rånäs OK	1:07:06	+34:30
	14:14 (14:14)	9:30 (23:44)	7:38 (31:22)	4:57 (36:19)	3:33 (39:52)
	2:31 (42:23)	10:55 (53:18)	10:10 (1:03:28)	1:23 (1:04:51)	2:15 (1:07:06)
17.	Sten Larsson		Häverödals SK	1:08:23	+35:47
	3:17 (3:17)	24:13 (27:30)	5:51 (33:21)	3:34 (36:55)	4:36 (41:31)
	3:16 (44:47)	12:53 (57:40)	6:41 (1:04:21)	2:03 (1:06:24)	1:59 (1:08:23)
18.	Ragnar Andersson		Häverödals SK	1:09:38	+37:02
	4:37 (4:37)	10:51 (15:28)	5:08 (20:36)	4:06 (24:42)	3:49 (28:31)
	2:13 (30:44)	17:41 (48:25)	5:51 (54:16)	13:15 (1:07:31)	2:07 (1:09:38)
19.	Margareta Wallén		Täby OK	1:13:11	+40:35
	9:00 (9:00)	8:38 (17:38)	20:13 (37:51)	2:43 (40:34)	6:54 (47:28)
	2:21 (49:49)	12:47 (1:02:36)	5:55 (1:08:31)	2:27 (1:10:58)	2:13 (1:13:11)
20.	Tage Abrahamsson		Rånäs OK	1:14:38	+42:02
	4:47 (4:47)	8:49 (13:36)	12:18 (25:54)	3:56 (29:50)	7:13 (37:03)
	11:55 (48:58)	12:42 (1:01:40)	8:54 (1:10:34)	1:29 (1:12:03)	2:35 (1:14:38)
21.	Ingrid Gunnarsson		Täby OK	1:37:57	+65:21
	6:57 (6:57)	14:12 (21:09)	9:04 (30:13)	7:03 (37:16)	8:31 (45:47)
	3:59 (49:46)	18:29 (1:08:15)	15:13 (1:23:28)	9:48 (1:33:16)	4:41 (1:37:57)
	Jan Bojling		Solna OK	Felst.	
	24:55 (24:55)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (36:05)
	Sven Eriksson		OK Roslagen	Felst.	
	5:14 (5:14)	27:28 (32:42)	9:06 (41:48)	3:19 (45:07)	4:28 (49:35)
	3:17 (52:52)	17:07 (1:09:59)	5:25 (1:15:24)	- (-)	- (1:20:31)
	Sven-Olov Karlsson		Rånäs OK	Felst.	
	5:55 (5:55)	9:22 (15:17)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (57:02)